

## Bare Sole Tying Instructions

Always place your heel at the back of the insole ensuring your toes do not hang over the front of the shoe. Tighten the laces as you go. You will be able to adjust them at the end to ensure the designs look correct.

### The Diamond

Lace the fabric across the toes and through the first set of loops ensuring the ends are equal lengths.

Crisscross the fabric and lace through the third set of loops. Crisscross again and lace the fabric through the second pair of loops.

Crisscross one more time, this time wrapping the ends around your ankle and tie in the back. For more ankle support, lace the fabric through the third set of loops again BEFORE tying around your ankle.

### The Halter

Lace the fabric through the first loops ensuring ends are equal lengths.

Crisscross the fabric and lace through the second set of loops.

Crisscross the fabric and lace through the third set of loops.

Tuck the ends under the first 'X or crisscross' located over the toes and pull ends firmly back.

Crisscross then wrap the straps around your ankle and tie in a knot or in a bow wherever you'd like.

For more ankle support, lace again through the third set of loops BEFORE tying around your ankles.

### The Classic

Lace the fabric through the first loops ensuring ends are equal lengths.

Crisscross the fabric and lace through the second set of loops.

Crisscross the fabric and lace through the third set of loops.

Wrap the straps around your ankle and tie in a knot or a bow in the front or back of the ankle.

For more ankle support, lace again through the third set of loops BEFORE tying around your ankles.

#### Triple X- Not Recommended for the LOW CORK

Lace the fabric through the first loops ensuring ends are equal lengths.

Crisscross the fabric and lace through the second set of loops.

Crisscross the fabric and lace through the third set of loops.

Crisscross again in front of the ankle before tying around your ankle.

Zig Zag- This tie is great for those who love "mules" or don't wish to have ankle straps

Start with the RIGHT foot.

Lace the fabric through the first loops ensuring ends are equal lengths.

Take the end of the strap that is closest to the big toe (on your left) and go back again through the loop next to the baby toe (on your right).

NOTE: the straps will now be uneven.

Take both straps through the left loop of the second set of loops.

Now take both straps through the right loop of the second set of loops.

Take both through the left loop on the third set of loops.

Separate the straps and thread the longer one through the remaining left loop.

Either tie the ends together on top of your foot in a bow or knot or wrap the ankle.

Mirror the left foot by reversing the process

#### For CLOSED TOE or PEEPTOE

Lace the strap through the first set of loops loop ensuring ends are equal lengths.

Crisscross and lace through the back side loops.

Crisscross again or not, and tie as desired.

#### **FOR FLIP FLOPS**

##### The Flop

Lace the strap through the front loop ensuring ends are equal lengths.

Take the end of the left strap and lace through the left side loop.

Repeat the same on the right side.

Take the left strap and thread through the right loop. Take the right strap and lace through the left loop, creating a straight line across the top of your foot or instep.

Crisscross the straps either in front or in back of the ankle and tie as desired.

##### The "T"

Lace the strap through the front loop ensuring ends are equal lengths.

Take the end of the left strap and lace through the left side loop.

Repeat the same on the right side.

Take the end of the left strap and lace under the fabric between the toe loop and side loop on the left side.

Repeat the same thing on the right.

Pull the straps and you'll see the shape of a "T" on top of your foot. Crisscross and tie as desired.

##### The Sideswipe

Lace the inside 'side' loop ensuring ends are equal lengths.

Take both ends and lace through the front toe loop .

Lace both ends through the outside side loop.

Drop one of the laces and cross over the top of your foot with the other and thread the side loop again through the inside.  
Crisscross in front or tie around back.

#### Original Flip Flop Tie

Lace the strap through the front loop ensuring ends are equal lengths.

Pull the straps through side loops, then crisscross and tie.

Foot will move around a bit. Feels more like a standard flip flop.